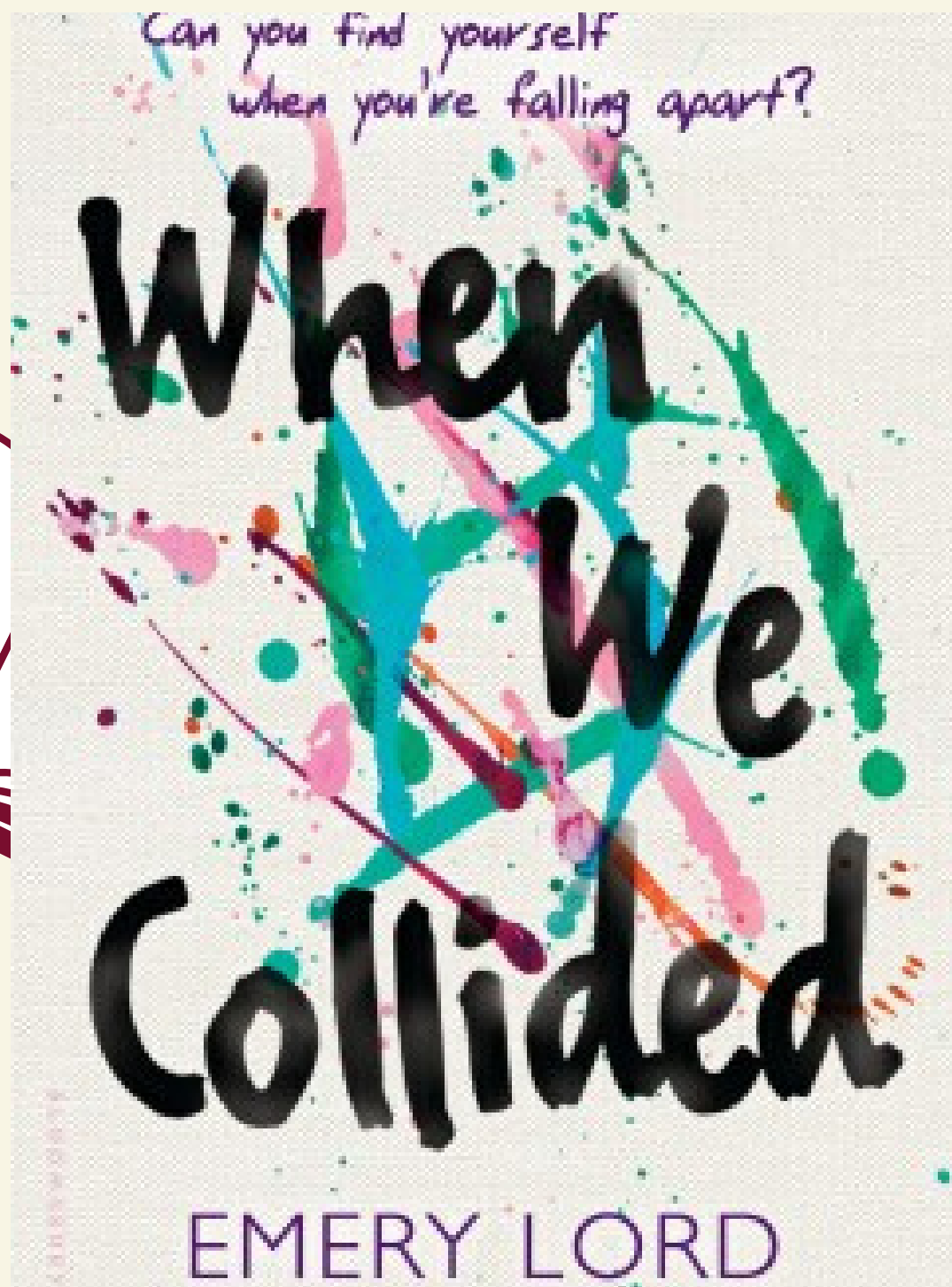


# WE READ TO KNOW WE ARE NOT ALONE

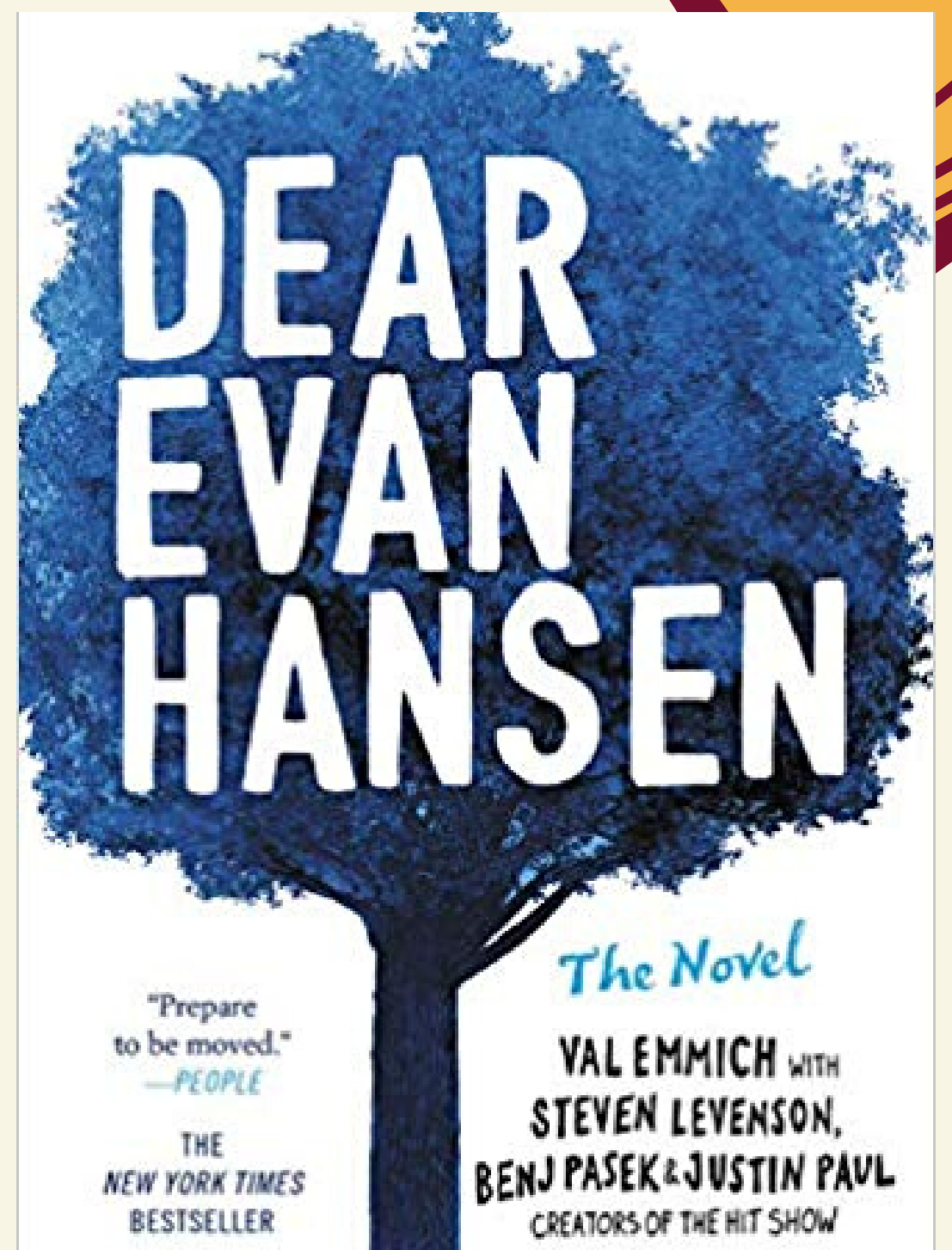
## DEPRESSION



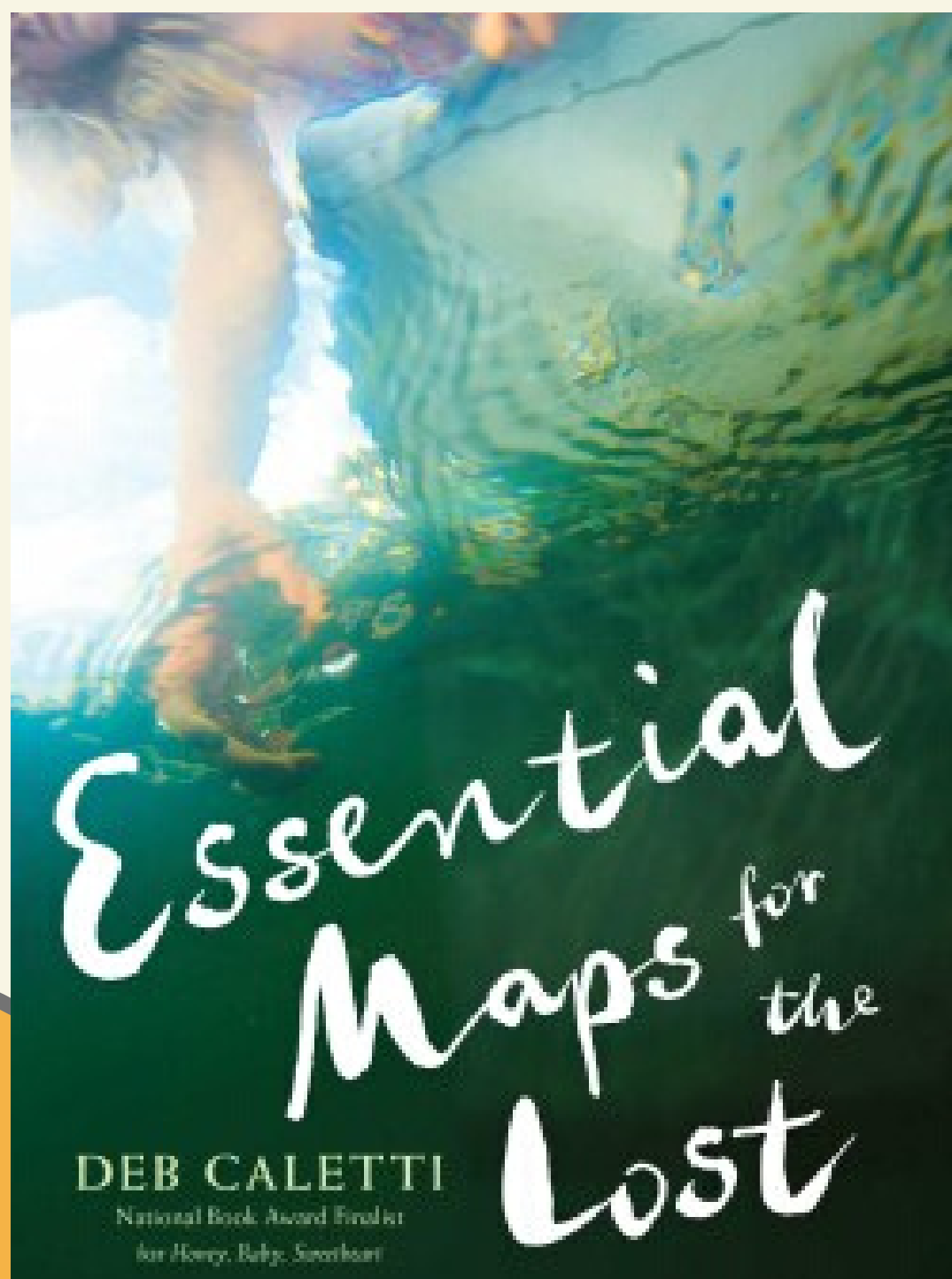
FIC LOR



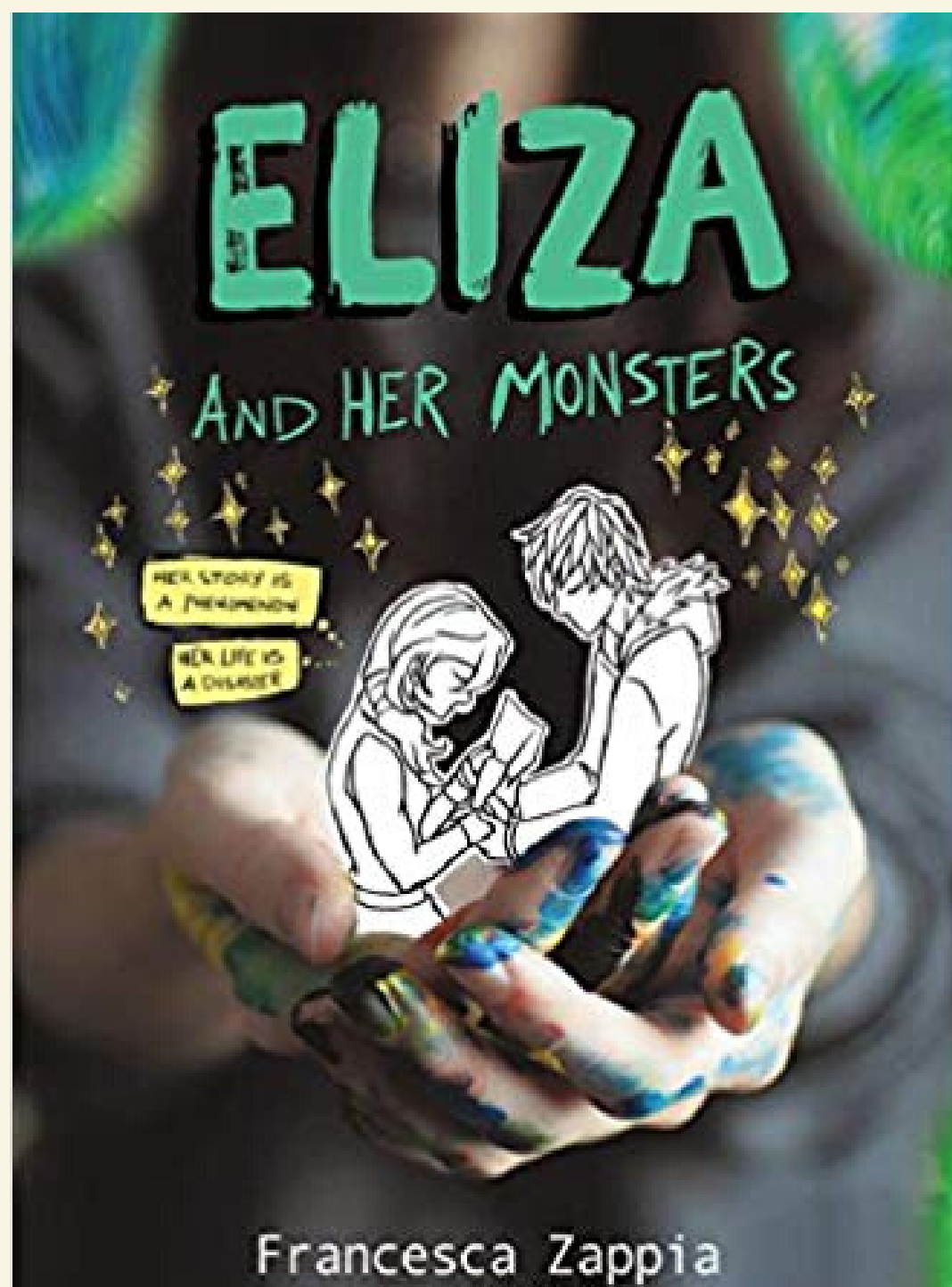
FIC NIV



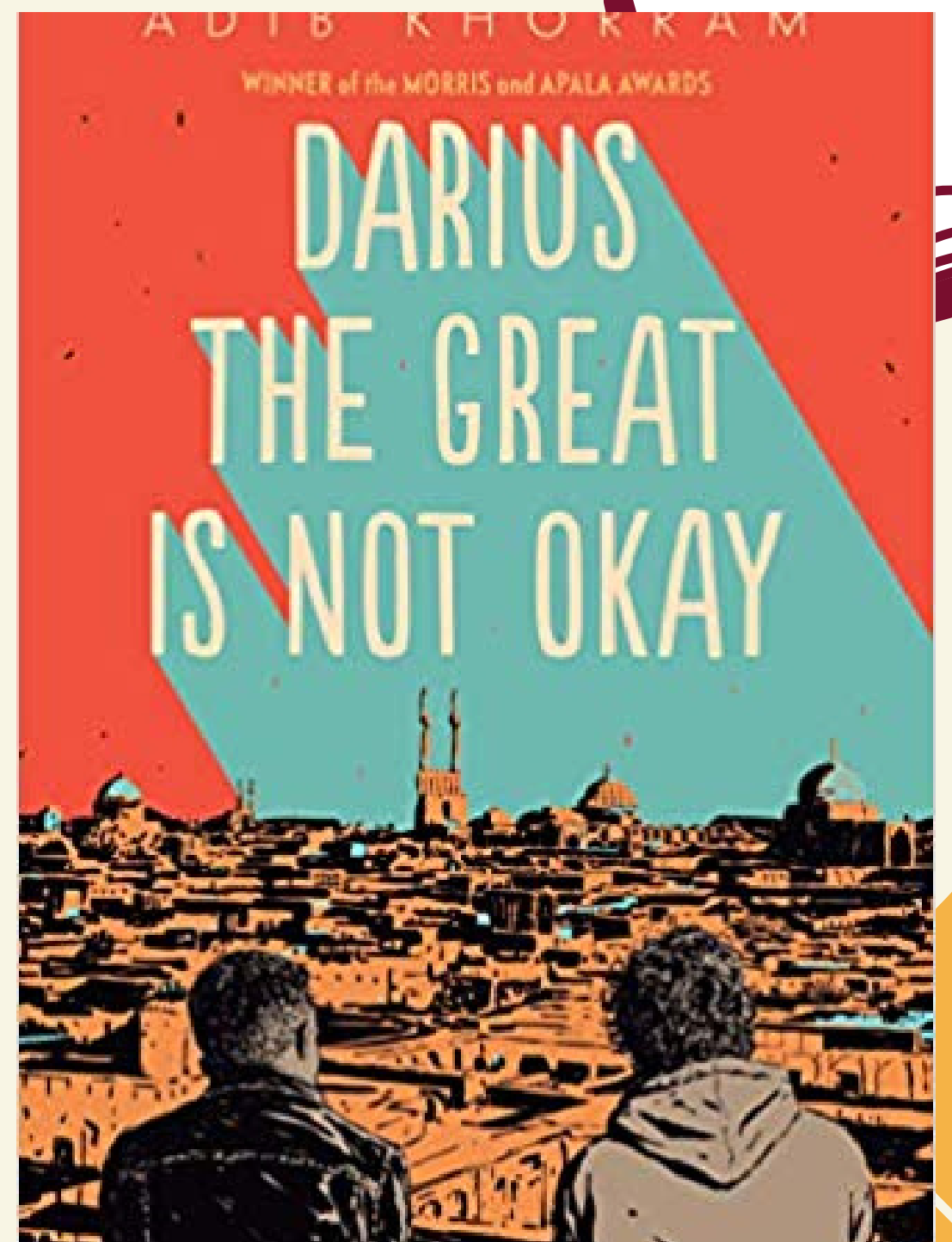
FIC EMM



FIC CAL



FIC ZAP



FIC KHO

TALK TO A COUNSELOR OR TRUSTED ADULT